Key Benefits of our service

- We are working closely with the Community Safety Team at Chichester District Council
- Trained, experienced team leaders
- Expertise in potentially challenging areas of the curriculum
- Accredited to teach new statutory
 SRE curriculum

Our mission

- To deliver engaging, non-directive, factual educational sessions on fetal development and the options following unplanned pregnancy: abortion, adoption and parenting.
- To provide a safe, non-judgmental learning environment where students feel confident to explore the myths and facts surrounding sexual behaviour and the importance of relationship boundaries.
- To see young people well informed about sexual matters, so they can make informed, responsible and well-timed decisions.





call 01243 784177

email office@optionschichester.org.uk

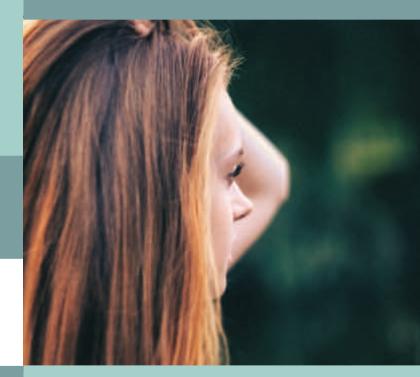
optionschichester.org.uk

St. Johns House, St. Johns Street, Chichester PO19 1UU

Charity no: 1165555 BACP (Organisation number) 257016



Sex | Relationships | Unplanned Pregnancy



Education Workshops for 11-18 year olds



About Us

Our education work launched in 2014, with one educator delivering workshops to 380 pupils. Since then, the work has grown. We currently deliver workshops to around 1,500 pupils annually in a variety of educational settings in and around Chichester.

What pupils say;

"

I wanted the session to be longer. I found the myths and facts about sex and relationships quiz and the discussions about the relationship timeline the most helpful.

"

I found it interesting that less people under 16 are having sex than what peer pressure would have you believe.

What teachers say;

"

The education team were brilliant. They engaged our young people through activities and thoughtprovoking discussions. Even our boys were highly engaged...the team's knowledge meant they learnt so much.

"

Without a doubt we want these sessions repeated on a rolling programme each year.

"

It supported our topic of study excellently.

PSHE / RSE / RE Curriculum

We will work hard to make sure that our fun, interactive workshops fit effectively into your curriculum delivery, to enrich students' learning and understanding of these important topics.



Counselling

- Information and support
- Unplanned pregnancy support
- Post abortion and pregnancy loss counselling

The services offered by our Centre are confidential, unbiased and free. We offer clients facing an unplanned pregnancy information on all the options available. We do not refer for abortion but are able to direct to agencies as appropriate.

For post abortion and pregnancy loss client we are well resourced to provide both immediate and longterm support as necessary.

We aim to see clients within 48 hours of making contact. Appointments are 1-2-1 with a friendly counsellor.



Call: 01243 784177 Text: 07843 543792 Email: counselling@optionschichester.org.uk